



SARAH VIZER, ACC

LEADERSHIP & MINDSET COACH

ABOUT ME

20+ years as a leader, coach, facilitator, and corporate consultant.

My focus is helping clients find a performance groove that supports both their career and in life. It's about sustainable performance, drawing out their best without the stress, overwhelm, and burnout.


As a coach I support:

- Leading with calm, credible authority
- Managing burnout, overwhelm, and self-doubt
- Making clear, confident decisions
- Career advancement and intentional pivots
- Setting boundaries that protect energy and focus

I support people to do good work and feel good doing it.

ORGANISATIONS I'VE BEEN PART OF

-  Beyond Burnout
July 2019 - Present
Brisbane, Australia
-  PricewaterhouseCoopers (PwC)
Senior Manager and Leader Coach
-  Hewlett Packard Enterprise
People, Change & Communication Manager
-  Rio Tinto
Change Enablement Consultant
-  BHP Billiton
Organisational Change Manager
-  Queensland University of Technology
Project and Change Manager

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CREDENTIALS

ICF Certified Leadership Coach



Based on the principles of positive psychology, professional coach training was done through the Australian Institute of Professional Coaches. I am certified as an Associate Certified Coach (ACC) through the International Coaching Federation (ICF).

Professional Change Practitioner



Accredited in PROSCI which is considered the leading change qualification in the business. PROSCI offers research based training and certification based on the ADKAR model.

Degrees

- MBA (Strategy & Entrepreneurship) – Queensland University of Technology
- Bachelor of Business (Marketing & Management) – Griffith University
- Bachelor of Arts (Japanese) – Griffith University